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THRIVE

Like a Mother_{TM}

Build Confidence, Clarity, and Community returning to paid work



Don't miss the opportunity to invest in yourself and your job search and <u>Thrive</u>
<u>Like A Mother in 2021.</u>

Today is the last day to save \$100 using the code EARLY.

Get unstuck. Build momentum.

Move from isolated and overwhelmed to supported with a clear direction forward in your job search.

Move from unsure about how to convey your value to feeling confident in what you bring to the professional table.

Here are the top 7 reasons to join the Thrive Like a Mother program in 2021:

1- Kick start your job search. Do you feel like you have been out of the workforce for so long that you don't even know where to begin? Thrive will give you a step by step plan where you complete tasks on a weekly basis. In this course we will help you tap into your motivations to keep you going when the going gets tough. The typical job searcher takes 8 months to find a new job. This process is longer if you have a career pause. Join us for motivation and support through this process.

2- Gain focus and clarity on what you want to do next. Do you want to return to work but can't see going back to what you did before children? Do you know what you want to do but not sure how to navigate today's job search market? Thrive provides a roadmap to follow for a successful job search. Using tools and assessments in addition to powerful questions to help you dig in deep, identify your strengths, interests, motivations and values to help you decide what career is right for you. Already know what you want to do when you return, these tools and assessments will help you craft your message and communicate your value to an employer.

✓ 3-Build confidence in the value you bring to the workforce by understanding your values, strengths and achievements. You will learn 7 proven strategies that have been successfully used by past Thrivers to build.

confidence. You will feel confident in the value that you bring to an employer, be able to communicate in an elevator pitch, on your resume & LinkedIn, and in interviews. You will practice this and get feedback from me and the group.

- ✓ 4- Resumes, LinkedIn, Interview Prep, Salary Negotiation we have you covered. The program provides templates and tools so that you complete your resume and Linkedin profile. Exercises will also prepare you for interviews. Includes example resumes from other returners, templates for resumes and cover letters in addition to feedback from me and the group.
- 5. 85% of people land their job through their network. Your network is the number one thing that helps you land your next job and as a returner you may not have maintained your professional network so where do you start? By participating in Thrive, you build your network by connecting with other returners and me. I have lived on the East Coast, West Coast, South, Midwest, and now Texas so no matter where you live in the US I or someone in the group will likely have a connection. In addition, we will explore other ways to build your network and provide scripts that you can tailor and use to reach out to others.
- ✓ 6. Accountability Thrive is a 3 month program with 9 group sessions. By having specific deliverables due each session, you will stay on track and finish the workshop totally ready to tackle all aspects of a job search.
- ☑7. Community There is no other job search program where you will build the level of community that you will build in the Thrive program. Other job search programs are mostly self-paced meaning you watch videos and work through exercises on your own. Through Thrive, you will get live support from me and the group over a 3 month period in our zoom calls. The group stays small so you will all get to know each other. Returners face common challenges when returning to work but if you are working through this alone it can feel like you are the only one experiencing these challenges. Being part of a community, other people may bring up questions that you hadn't thought of or struggles that you were feeling too. I have worked with returners over the past 12 years and know how to overcome these challenges and have seen and heard Thrivers learn from each other in a powerful way. There was a

study done that showed when someone was looking at a mountain and thinking about climbing it, they were more likely to take on the challenge if they were standing next to someone else. Join our community, stand with us, and climb that mountain.

Hear what past participants have said about the Thrive workshop:

THRIVE Like a Mother: Group Coaching for SAHM Returning to Paid Work

Say good-bye to an isolating and overwhelming job search. Let Thrive be the catalyst for you to move towards what's next in 2021!

Don't miss out on our Early Bird Special. Register now using the promo code EARLY to save \$100!

Register Now <u>THRIVE Return to Work - Online — Parents Pivot</u>

Happy Holidays,

Anna

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Dates: 9 Wednesdays in the spring: February 3, 10, 17, March 3, 10, 24, April 7, 14, & 21, 2021

Time: 1pmET/ 12pmCT/ 11amMT/ 10amPT

Location: this THRIVE will be online through Zoom so you can join from anywhere!

Promo code: Use EARLY for \$100 off through 12/31/20

Register